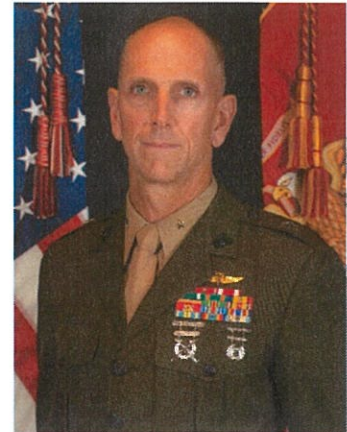




## Commanding General's Policy on Suicide Prevention



**Suicide is preventable through leadership.** Deaths by suicide are often associated with stressors pertaining to relationships, work, pending disciplinary actions, depression, and during transitional periods of duty status or between duty stations. I have seen engaged leaders successfully intervene to prevent unnecessary death or injury to their Marines. As part of taking care of each other, I charge every member of FHG to do the same. Engaged leaders foster a command climate that promotes resiliency and fitness of mind, body, and spirit. All members will encourage Marines and Sailors to seek out and apply the following to succeed:



- **Take all threats seriously:** Never minimize the importance of the situation and assist the individuals promptly.
- **Remain calm and stabilize the suicide-related events/emergency:** Administer first aide (if required), call 911, remove anything lethal from the immediate vicinity, and **DO NOT LEAVE** the Service Member unattended.
- **Immediately notify the chain of command:** Suicide attempts, gestures, or ideations of any Marine, Sailor or Civilian is a Commander's Significant Notification Event and must be reported in accordance with the NAVMC 1720.1C Marine Corps Suicide Prevention System Procedures.
- **Treat personnel in crisis with respect:** Protect their confidentiality and personal information. Show concern, be sympathetic, listen, offer help and hope. If the Chaplain or Medical personnel are present, let them handle the situation. If not, let that person be you.
- **Train every Marine and Sailor to help:** Unit Marine Awareness and Prevention Integrated Training (UMAPIT) 2.0 teaches Marines and Sailors resiliency, coping, self-support skills, decision-making, peer intervention, and intervention via social media. Complete no later than June, annually.
- **Transferring at risk Marines should not be done:** If required, call and brief the gaining command.

Suicide is an irreversible reaction to a temporary problem. We **MUST** instill the "no problem is too large to handle." Within the FHG there is no room for a zero-defect mentality and we support those in need. If you need help, get help: If you see someone struggling, give help and/or support.



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